

GOT FRIENDS GOT COWORKERS GOT FAMILY

Ladies
GREATEST
LOSER

"We can Partner you up"

**\$13/Session for 60 minute sessions
Plan A - 6-10 LADIES**

**\$16/Session for 60 minute sessions
Plan B - 3-5 LADIES**

**\$22/Session for 60 minutes
Plan C - 2 LADIES**

**INCLUDE LADIES WEIGHT LOSS NUTRITION
FOR 6 WEEKS ONLY \$99.00**

**Contact Lani, Personal Training Director for more information
at Lanih2225@yahoo.com**

**206 E. Church St. LadiesFitnessandHealth.com 770-382-6613
Special till 2-28-09**